

4.5 Programme Planning for pre-school education :

Generally a fixed programme is not followed in pre-school. It is also important to teach the children about discipline, punctuality etc. Therefore it is necessary to plan a programme for pre-school. Before planning a programme for pre-school, one must understand the rate of development of children and their needs. Moreover the programme should be flexible to serve the need of the children, should be balanced between individual and group activities and between free play and guided activity. Various activities that a pre-school programme should have are as follows :

1. Play activities : Free play such as indoor games to be played with other children, outdoor games and toy play, which can prove educational and constructive knowledge.
2. Physical activities involving muscles and movement of the hands and feet.
3. Play activities learned through physical and social experiences

through imitation or in co-operation with others.

4. Organized play, group activities and guided activity/play.
5. Play : a) with the help of play material such as Football, Cricket.
b) Physical training - eg. - exercise, yoga, dance, singing song/nursery rhyme etc.
c) Hand activities, eg. - planting trees, watering trees etc.
d) Education involving the sense organs through natural objects or models/readymade objects.
e) Activities involving finger muscles/fingers and other creative arts, eg. drawing, coloring, paper cutting etc.
f) Nature study through contracts with plants, animals, human body, learning activities related to language, personal hygiene, rules of health, counting numbers through play.
g) Learning to eliminate body waste.

Apart from these, pre-schools having facilities for midday meal should fixed proper time for the meal or proper tiffin time for children.

The programme must be functional and meaningful. The teachers should have a clear concept about all the activities to be thought to the children. There should be proper training facilities for the teachers and the programme planning should be done in such a way that it will satisfy the teachers also.